

「親子遊戲·情深密語」
家長小組通告


敬啟者：

幼兒言語能力有限，有時難以用合適的方法來表達自己的感受和需求，不少家長亦因此而困擾，不知如何回應他們的情緒。有見及此，本校駐園社工劉姑娘將舉辦為期四節的「親子遊戲·情深密語」家長小組，讓家長認識「兒童為本親子遊戲治療法」，學習用兒童的語言—「遊戲」來進入子女的內心世界，並以恰當的回應方式來幫助子女穩定情緒，預備隨時作子女的輔導員，現誠邀各位家長參加。

家長小組詳情如下：

內容	： 讓家長學習「兒童為本親子遊戲治療法」之基本理論和技巧，透過討論及角色扮演等學習覺察及了解孩子的情緒及內心想法，並作出恰當的回應，以加強親子溝通及關係。
日期	： 16/11、23/11、30/11、7/12/2023 (逢星期四，共4節活動)
時間	： (上午組) 上午 9:30 - 11:00；或 (下午組) 下午 4:00 - 5:30 - *被抽中的家長如有需要，本校學生可在學校托管。
地點	： 學校
對象	： 本校學生家長
名額	： 每組 10 人
負責社工	： 劉曉君姑娘
截止報名日期	： 2023 年 11 月 8 日 (星期三)
報名連結	：  https://forms.office.com/r/Rtf2D7i75Q
查詢方法	： 請致電 24502519 (學校電話)與劉曉君姑娘聯絡
備註	： 1. 家長可選擇想參加的組別，如有組別參與人數未符合最低要求，該小組將會取消。如報名人數多於名額，社工則會抽籤決定參加者人選。 2. 11 月 10 日(五)將會確定參加者名單，屆時會在學校 eClass 公佈結果。 3. 為確保參加者安全，如在活動前兩小時，天文台仍懸掛 3 號或以上風球或發出紅色暴雨警告訊號，或教育局宣佈停課時，本活動將會延期至另行通知。 4. 活動將會拍照留念作機構記錄及宣傳之用。

此致
貴家長



順德聯誼總會屯門梁李秀娛幼稚園
學校社工謹啟
31-10-2023


Shun Tak Fraternal Association Tuen Mun Leung Lee Sau Yu Kindergarten “Filial play therapy” parenting program

31st October 2023

Dear Parents,

As children have limited language abilities, they sometimes struggle to express their feelings and needs in appropriate ways. Many parents find it difficult to respond to their children's emotions. To address this, our social worker, Ms. Lau, will organize a four-session "Filial play therapy" parenting program. The aim is to introduce parents to the "Child-centered filial play therapy" and teach them how to use the language of children—play—to explore their inner world. Parents will learn how to respond appropriately to stabilize their children's emotions and be prepared to support them as their counsellor. We invite all parents to participate in this program.

The program details are as follows:

Content	:	- Provide parents with a foundation in the basic principles and techniques of "Child-Centered Play Therapy." - Through discussions and role-playing exercises, parents will learn to be aware of and understand their children's emotions.
Date	:	16/11、23/11、30/11、7/12/2023 (Every Thursday)
Time	:	(AM group) 9:30 - 11:00am; or (PM group) 4:00 - 5:30pm *Parents who are selected to participate in the activity can leave student in the school's care if needed.
Venue	:	Our school
Target	:	All families in school
Quota	:	10 parents per group
Deadline for application	:	8th November 2023 (Wednesday)
Enrollment link	:	 https://forms.office.com/r/Rtf2D7i75Q
Contact	:	Please call 2450 2519 for Ms. Lau if you have any further queries.
Remarks	:	<ol style="list-style-type: none"> 1. Parents can choose the group you wish to participate in. If the number of participants in a group does not meet the minimum requirement, that group will be cancelled. Places will be allocated by drawing lot if applications exceed the quota. 2. The list of participants will be finalized on 10th November 2023 (Friday), and the results will be announced on the school's eClass platform. 3. Program will be postponed if Typhoon Warning Signal No. 3 or above, or the Red/Black Rainstorm Warning Signal is issued on that day. 4. Photos will be taken during the activity for organizational records and promotional purposes.

Yours Faithfully,
 Hong Kong Family Welfare Society
 Tuen Mun (East) Service Centre

