

# 香港家庭福利會 小荳芽駐園社工計劃



# 「親子互動樂 - 『摩』法工作坊」 親子活動通告

#### 敬啟者:

幼兒需要透過與家長有身體接觸和互動來建立安全感,親子按摩便是其中一個讓家長表達對孩子的關愛及與孩子建立親密依附關係的途徑。本校駐園社工劉姑娘將舉辦「親子互動樂-『摩』法工作坊」親子活動,希望能與家長分享按摩對幼兒發展、穩定情緒的作用和為幼兒按摩的技巧,並讓家長體驗親子按摩時間,促進親子關係,誠邀各位家長參加。

#### 親子活動詳情如下:

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內容	: 與家長及幼童進行不同撫觸遊戲及肢體遊戲,並學習和體驗親子按摩
日期	: 2023 年 12 月 16 日 (星期六)
時間	第一場:上午 9:30 - 11:00;或
	第二場:上午 11:30 -下午 1:00
地點	: 本校禮堂
對象	: 本校學生家庭
名額	: 每場 15 對親子
負責社工	: 劉曉君姑娘
截止報名日期	: 2023 年 12 月 6 日 (星期三)
報名連結	
	https://forms.office.com/r/Z3PHqmr4F3
查詢方法	: 請致電 31013037 (社工機構辦工室)與劉曉君姑娘聯絡
備註	: 1. 如報名人數多於名額,將抽籤決定參加者人選。
	2. 12月8日(五)將會確定參加者名單,屆時會在學校 eClass 公佈結果。
	3. 由於場地空間有限,是次活動只能讓一位家長陪同幼童參加。
	4. 家長和幼童請穿輕便服裝參與活動。
	5. 為確保參加者安全,如在活動前兩小時,天文台仍懸掛 3 號或以上
	風球或發出 <u>紅色暴雨</u> 警告訊號, <u>或教育局宣佈停課時</u> ,本活動將會延
	期至另行通知。
	6. 活動將會拍照留念作機構記錄及宣傳之用。

此致 貴家長



順德聯誼總會屯門梁李秀娛幼稚園 學校社工謹啟 二零二三年十一月二十四日



### Hong Kong Family Welfare Society Nurturing Seeds Kindergarten Social Work Service



### Shun Tak Fraternal Association Tuen Mun Leung Lee Sau Yu Kindergarten Parent-child Massage Workshop

24<sup>th</sup> November 2023

Dear Parents,

Children need physical contact and interaction with their parents to develop a sense of security. Parent-child massage is one way for parents to express their love for their kids and establish a close attachment relationship. Our school social worker, Ms Lau, will be organizing a parent-child massage workshop. We would like to share with parents the benefits of massage for child development and emotional stability, as well as provide techniques for massaging their kids. This workshop aims to give parents an opportunity to experience parent-child massage and strengthen the parent-child relationship. We invite all parents to participate in this program.

The program details are as follows:

The program details are a	s Io	
Content	:	Engage in various physical activities with parents and their kids, and
		learn and experience parent-child massage together
Date	:	16/12/2023 (Saturday)
Time	:	(1 <sup>st</sup> session) 9:30 – 11:00am; or
		(2 <sup>nd</sup> session) 11:30am – 1:00pm
Venue	:	Kindergarten
Target	:	All families in school
Quota	:	15 pairs of parents and child per session
Deadline for application	:	6 <sup>th</sup> December 2023 (Wednesday)
Enrollment link	:	
		https://forms.office.com/r/Z3PHqmr4F3
Contact	:	Please call 3101 3037 for Ms. Lau if you have any further queries.
Remarks	:	<ol> <li>Places will be allocated by drawing if applications exceed the quota.</li> <li>The list of participants will be finalized on 8<sup>th</sup> December 2023 (Friday), and the results will be announced on the school's eClass platform.</li> <li>Due to limited space, only one parent can accompany the child for this event.</li> <li>Parents and children may dress casually for the activity.</li> <li>Program will be postponed if Typhoon Warning Signal No. 3 or above, or the Red/Black Rainstorm Warning Signal is issued on that day.</li> <li>Photos will be taken during the activity for organizational records</li> </ol>
		and promotional purposes.
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Yours Faithfully, Hong Kong Family Welfare Society Tuen Mun (East) Service Centre

