



香港家庭福利會
小荳芽駐園社工服務




小荳芽駐園社工服務
Nurturing Seeds KSWs

「親子互動樂—親子瑜伽體驗」親子活動通告

敬啟者：

為了促進家長和孩子們建立更深的聯繫，增進彼此的信任和創造珍貴的回憶，駐園社工張姑娘邀請您參加即將舉辦的親子瑜伽活動。這是一個與孩子一起放鬆身心、增進親子關係的好機會。

家長小組詳情如下：

內容	家長和幼童將一同學習和完成簡單有趣的瑜伽姿勢，享受快樂的親子時光。
日期	2025 年 5 月 3 日（星期六）
時間	上午 9:30 至 10:30 或 上午 10:45 至 11:45（1 小時）
地點	本校禮堂
對象	本校家長及學生（名額：每場 11 對親子）
負責社工	張穎慧姑娘
截止報名日期	2025 年 4 月 15 日（星期二）
報名連結	 https://forms.office.com/r/jx9wEk3ZUT
查詢方法	請致電 3101 3037（社工機構辦公室）與張穎慧姑娘聯絡
備註	1. 有興趣參加活動的家長，請透過上面連結報名。 2. 如報名人數過多，將會以抽籤決定。2025 年 4 月 16 日（三）將會確定參加者名單，屆時會在學校 eClass 公佈結果。 3. 為確保參加者安全，如在活動前兩小時，天文台仍懸掛 3 號或以上風球或發出紅色或以上暴雨警告訊號，或教育局宣佈停課時，本活動將會延期至另行通知。

此致
貴家長

順德聯誼總會屯門梁李秀娛幼稚園
學校社工謹啟
2025 年 4 月 3 日





Hong Kong Family Welfare Society



小荳芽駐園社工服務
Nurturing Seeds KSWS

Nurturing Seeds Kindergarten Social Work Service


Parent-Child Yoga Experience Notice

3rd April, 2025

Dear Parents/ Guardians,

In order to facilitate parents and children build a deeper connection, enhance mutual trust, and create precious memories, we would like to invite you to participate in the upcoming parent-child yoga activity. This is a wonderful opportunity to relax and bond with your child.

Details of the parents' group are as follows :

Content	Parents and children will learn and practice simple and fun yoga poses together, enjoying joyful family time.
Dates	3 rd May, 2025 (Saturday)
Time	9:30-10:30 a.m. OR 10:45-11:45 a.m. (1hour)
Venue	School auditorium
Target	Our School's Parents and students (Quota: 11 pairs of parent and child each session)
Responsible Social Worker	Ms. Cheung
Deadline of application	15 th April, 2025 (Tuesday)
Application link	 https://forms.office.com/r/Uv1N5VUxkH
Enquiry	Please contact Ms. Cheung at 3101 3037 (Social worker's office)
Remarks	<ol style="list-style-type: none">1. Parents who are interested in joining the program, please sign up through the link above.2. If there are too many applicants, the list of participants will be determined by drawing lots. The list of participants will be announced on 16th April, 2025 (Wednesday) via school's eClass.3. To ensure the safety of participants, the parents' talk will be postponed until further notice if a signal for Typhoon No. 3 or higher or a Red Rainstorm Warning or higher is in effect or Education Bureau announces the suspension of classes.

Thank you for your kind attention.

Yours sincerely,

School Social Worker of Shun Tak Fraternal Association
Tuen Mun Leung Lee Sau Yu Kindergarten

