



香港家庭福利會  
小荳芽駐園社工服務




小荳芽駐園社工服務  
Nurturing Seeds KSWs

### 「放低手機鬆一鬆」親子活動通告

敬啟者：

忙碌的生活和手機的普及常佔據了我們與孩子的相處時間，誠邀您與孩子參加本次親子活動，放下手機，一起玩遊戲、動手做簡單的手作。透過共同完成的小任務，彼此交流和分享，享受一起的溫馨時光。

#### 家長小組詳情如下：

內容	一同玩遊戲和製作手工DIY，渡過愉快的親子時間
日期	2026年4月18日（星期六）
時間	上午9時30分至10時30分 或 上午11時至中午12時（1小時）
地點	本校禮堂
對象	本校家長及學生（名額：每場12對親子）
負責社工	張穎慧姑娘
截止報名日期	2026年4月1日（星期三）
報名連結	 <a href="https://forms.office.com/r/0Mum9D3G2A">https://forms.office.com/r/0Mum9D3G2A</a>
查詢方法	請致電3101 3037（社工機構辦公室）與張穎慧姑娘聯絡
備註	1. 有興趣參加活動的家長，請透過上面連結報名。 2. 如報名人數過多，將會以抽籤決定。2026年4月2日（四）將會確定參加者名單，屆時會在學校eClass公佈結果。 3. 為確保參加者安全，如在活動前兩小時，天文台仍懸掛3號或以上風球或發出紅色或以上暴雨警告訊號，或教育局宣佈停課時，本活動將會延期至另行通知。

此致  
貴家長

順德聯誼總會屯門梁李秀娛幼稚園  
學校社工謹啟  
2026年3月25日





Hong Kong Family Welfare Society



小荳芽駐園社工服務  
Nurturing Seeds KSWS

Nurturing Seeds Kindergarten Social Work Service


**Screen-Free & Play: Parent-Child Activity Notice**

25<sup>th</sup> March, 2026

Dear Parents/ Guardians,

Our busy lives and the widespread use of mobile phones often take up time with our children. We sincerely invite you and your child to participate in this parent-child activity, put down your phones, play games and do simple DIY together. Through completing small tasks together, you can talk, share and enjoy warm moments with each other.

**Details of the parents' group are as follows :**

Content	Play games and do DIY together to enjoy precious parent-child time.
Date	18 <sup>th</sup> April, 2026 (Saturday)
Time	9:30-10:30 a.m. OR 11am-12 p.m. (1 hour)
Venue	School auditorium
Target	Our School's Parents and students (Quota: 12 pairs of parent and child each session)
Responsible Social Worker	Ms. Cheung
Deadline of application	1 <sup>st</sup> April, 2026 (Wednesday)
Application link	 <a href="https://forms.office.com/r/0Mum9D3G2A">https://forms.office.com/r/0Mum9D3G2A</a>
Enquiry	Please contact Ms. Cheung at 3101 3037 (Social worker's office)
Remarks	<ol style="list-style-type: none"> <li>Parents who are interested in joining the program, please sign up through the link above.</li> <li>If there are too many applicants, the list of participants will be determined by drawing lots. The list of participants will be announced on 2<sup>nd</sup> April, 2026 (Thursday) via school's eClass.</li> <li>To ensure the safety of participants, the program will be postponed until further notice if a signal for Typhoon No. 3 or higher or a Red Rainstorm Warning or higher is in effect or Education Bureau announces the suspension of classes.</li> </ol>

Thank you for your kind attention.

Yours sincerely,  
School Social Worker of Shun Tak Fraternal Association  
Tuen Mun Leung Lee Sau Yu Kindergarten

